

PRIMARY MENUS From January 2017 to July 2017

Week Commencing –16/01/17,06/02/17,06/03/17,27/03/17,01/05/17,22/05/17,19/06/17,10/07/17

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|--|
| Traditional Meal of the Day | Cheese Pizza Slice Jacket Wedges | Shepherd's Pie Roast Potatoes | Roast Turkey with Stuffing Creamed Potatoes | Sausages with Homemade Yorkshire Pudding Creamed Potatoes | Fish Friday Chips ½ Slice Bread |
| Vegetarian Option | Vegetable Frittata | Vegetarian Sausages | Quorn Fillet | Pasta Swirls in Home Tomato Sauce with Crusty Roll | Three Bean Chilli & Rice |
| Accompaniments | Baked Beans Coleslaw & Green Salad | Sliced Carrots Green Beans Gravy | Broccoli Sweetcorn Gravy | Cauliflower Savoy Cabbage Gravy | Garden Peas Baton Carrots Tomato Sauce |
| Salad Bar Selection | Daily Selection of Salad Items | Daily Selection of Salad Items | Daily Selection of Salad Items | Daily Selection of Salad Items | Daily Selection of Salad Items |
| Desserts - Main | Eves Pudding with Custard | Rice Pudding with Fruit | Frosted Chocolate Shortcake | Arctic Roll | Fresh Fruit Sponge with Custard |
| Daily Selection of Desserts | Mini Doughnuts Yoghurts Fresh Fruit Selection. | Butterfly Buns Yoghurts Fresh Fruit Selection | Yoghurts Fresh Fruit Selection | Rice Crispy Square Yoghurts Fresh Fruit Selection | Strawberry Mousse Yoghurts Fresh Fruit Selection |
| Filled Jacket Potatoes/ Pasta Bar | Pasta Swirls in Home Tomato Sauce with Crusty Roll | Choice of Hot and Cold Fillings | Choice of Hot and Cold Fillings | Choice of Hot and Cold Fillings | Pasta Swirls in Home Tomato Sauce with Crusty Roll |
| Bread Basket | Selection of Breads | Selection of Breads | Selection of Breads | Selection of Breads | Selection of breads |

All meals are freshly cooked at the school. All meat is fresh and UK sourced from farms within the region. A selection of wholemeal and best of both bread available daily. With the exception of chips, our food is cooked using oven baking and steaming methods. Where requested by schools an alternative to beef is available. Water is available each day. We use seasonal fruits & vegetables.